## Vida Verde SLP Packing List

Follow this list to be prepared for the week. We urge you **NOT** to buy new clothing or equipment for this trip - old clothes and shoes are perfect! Space is limited so please bring only one dufflebag, suitcase, or backpack and a sleeping bag & pillow.

YES, BRING THESE ITEMS!		PROHIBITED ITEMS
(you may want more or less than the suggested numbers below)		<ul> <li>No tobacco products, alcohol, or illegal drugs</li> </ul>
<b>Sleeping bag</b> and Pillow	<ul> <li>Bathing suit/swimwear</li> <li>One or two pairs of <b>pajamas</b></li> </ul>	No food or snacks
<b>T</b> wo pairs of <b>shoes</b>	or sweats to sleep in	<ul> <li>No electronics, music players, or video games</li> </ul>
<b>G</b> Five pairs of <b>socks</b>	<ul> <li>Toilet kit</li> <li>(One towel, toothbrush, toothpaste, period supplies,</li> </ul>	<ul> <li>No cologne, perfume, body spray</li> </ul>
<b>G</b> Five pairs of <b>underwear</b>	etc.)	• No gum
<ul> <li>Five T-shirts or shirts</li> <li>(No messages about drugs, alcohol, sex, cigarettes)</li> </ul>	Refillable Water bottle (any empty bottle works!)	All cell phones will be safely stored in the camp office until the final day.
	U Wrist watch	: )))
<ul> <li>Two medium layers (long-sleeve shirt, hoodies, sweaters etc.)</li> </ul>	□ Small backpack	
Three pairs pants	Flashlight	
One heavy jacket or coat	Sun Hat	
(it gets cold at night here!)	<b>CDC</b> approved face-covering	

## **Optional Items**

□ A costume

Journal or book

□ Sandals/slides

Camera

- □ Shorts
- Laundry bag or plastic
   garbage bag

Deodorant

□ Shoes for water activities

□ Gloves or mittens

- Comb or hairbrush
- If you want to borrow *anything* above or have questions call/text Devin at (408)960-9618 or email <u>devin@vveducation.org</u> as soon as you can.